

First Evangelical Free Church exists to:

BRING people into a relationship with Jesus, **CONNECT** them to God's family, **MATURE** them in their faith, and **EQUIP** them for ministry so God's name will be **EXALTED!**

Current Series:

June 13-August 29, 2010

The God You Are Looking For

Who do you think God is? Is He an unknown spirit floating through the cosmos? Or a creator with a hands-off attitude when it comes to His creation? Does He sit on a throne above the clouds waiting to zap you if you do something wrong? The Bible says that God is none of those things. He is in control, and at the same time He is right there for you. He knows everything and feels deeply. Join us this summer as we explore who God really is in our series called, "The God You Are Looking For."

Are You Looking For A God...

July 4—"Who Is A Refuge?"

July 11—"Who Can Laugh And Cry With You?"

July 18—"Who Is Always Committed To You?"

July 25—"Who Is Always The Same?"

Contact Us!

The staff at First Free would love to hear from you today!

Pastoral Staff

Senior Pastor, Joel Sutton (joel.sutton@firstfreechurch.org)

Worship & Connecting Pastor, Eric Twietmeyer (eric@firstfreechurch.org)

Youth Pastor, Mark Meyers (mark.meyers@firstfreechurch.org)

Ministry Staff

Children's Director, Beth Brown (beth.brown@firstfreechurch.org)

Director of International Ministries, Sam Song (songo110@umn.edu)

Parish Nurses, Delores Huanca & Maureen Juarez (parishnurses@firstfreechurch.org)

Intern, Aaron Rusnak (aaron.rusnak@firstfreechurch.org)

Intern, Phil Hintz (phil.hintz@firstfreechurch.org)

Administrative Staff

Facilities Technician, Scott Beckett (scott.beckett@firstfreechurch.org)

Office Administrator, Olivia Lueth (olivia.lueth@firstfreechurch.org)

Administrative Assistant, Karna Anderson (karna.anderson@firstfreechurch.org)



WELCOME
where the difference is... the relationship

Sunday Mornings (Summer Schedule):**Creekside Friends**

Nursery & Preschool, 9:30-12 PM

K-5 Bible Time, 9:30-10:30 AM

Gr. K-3, Room 102

Gr. 4-5, Room 101

Zion Youth Church (Gr. 7-12), 9:30 AM, meet in Room 108

Friends' Corners, 10:30-10:50 AM

11 AM-12 PM

Kids remain in service.

All children move up to their next grade level in the fall.

**Senior High Mini Golf**

July 14

6:30 PM

Meet @ Adventure
Gardens, Richfield**Sunday Mornings:*****Adult Bible Fellowships*****9:30 AM****Life (Room #104)** ~ Jeff & Andrea Spranger*Singles, Couples & Parents with Young Children— 30s***Parents of Teenagers (Room #103)** ~ Jim & Joyce Friesen**Sojourners (Room #105)** ~ Vince & Heidi St. Clair*Singles, Couples & Families – Late 30s, 40s, Early 50s***11:00 AM****Metamorphosis (Room #109)** ~ Wayne & Julie Danielson*Post High School, College & Early Career***Seekers (Room #108)** ~ Audrey Sollie, Bob Gu, & Steve Mondy*Multi-culture Class***Seniors (Room #105)** ~ Char Boyles & Bob Chapman*Singles & Couples – 65+***Agape (Room #103)** ~ Mark & Deb Holman*Singles & Couples – 50s & 60s***Makarios (Room #104)** ~ Eric & Susan Stabnow*Singles, Couples & Newlyweds in their 20s***Prayer Group (Library)** ~ Facilitator: Grace Elasky**Blood Drive Follow-Up**

This year we had **23 people participate** at the blood drive and **7 of them were first-time donors!** That's really great to see! Thank you for participating...and start planning for next year!

**ALPHA course coming to FEFC this fall!**

More info. available at the Welcome Desk. Questions or interested?

Contact: Scott Bookhout at
(612) 721.6144

**Training Session: July 17,
8 AM-4 PM, No Cost**

**Clean Up Day!**

A chance to help some members of First Free with yard/house work!

Thursday, July 15,
10 AM-??

Contact the church office if you'd like to participate.

All ladies of the church are invited to a **bridal shower** for **Holli Pierce** on Sunday, July 18, from 2-4 PM here at church. Holli is marrying J.G. Ferguson on August 14, 2010. They are registered at Target. Please come and help us celebrate with Holli!

This Week @ FEFC...July 4-10

Sun	Mon	Tue	Wed	Thu	Fri	Sat
4 9:30 AM Worship Service	5 Church Office Closed 8:30 PM Men's Basketball	6 6:30 PM Worship All-Team Mtg. 7:30 PM Worship Team Practice	7 6:00 PM Servanthood Sampler Prep. Mtg. 6:45 PM Prayer	8	9	10

Communion Meditation

First Free Church welcomes all Christians who are forsaking sin and trusting in Jesus for salvation to participate in the Lord's Supper with us today. If you are not able to participate, please use this time to meditate on one of the following prayers.

Prayer of those Searching for the Truth

God, Jesus declares that He is the Way, the Truth and the Life. If what He claims is true, please guide me, teach me, and open my mind and heart to the reality of who He is. Give me an understanding of Him that is coherent and convincing and that leads to the life You promise.
Amen.

Prayer of Belief

Lord Jesus Christ, I admit that I am weaker and more sinful than I ever before dared to admit, but through You I am more loved and accepted than I ever before dared to hope. I thank You for paying my debt on the cross, taking what I deserved in order to offer me complete forgiveness. Knowing that You have been raised from the dead, I turn from my sins and trust You as my Saving-Lord. Amen.

Join us **Aug. 1st, 10:30am**
Worship Service
 at the
Falls
 Minnehaha Park



the difference is the relationship!

first evangelical free
 52nd + Chicago Ave firstfreechurch.org



Interested in baptism?
 Our next baptismal service is scheduled for **August 8 at Lake Nokomis**. Contact the church office or mark your Welcome Card if you would like to participate.

Committed: \$257,740
Received: \$46,715



**Fiscal YTD Giving:
 June 27, 2010**

Local Ministries: \$142,805
Budget: \$168,294
Outreach: \$36,984
Budget: \$40,775

Designate Outreach funds by marking it on your check or giving envelope.

Family News~

Our condolences and prayers go with the family of **Arville Beckman**. Arville passed away June 28th. Services were held at First Free on Thursday, July 1st.

EXALT

"America The Beautiful"

"Blessed Be Your Name"

"Holy Is The Lord"

Welcome

Offering

"A Mighty Fortress"

Prayer

Message

Pastor Joel Sutton

"Are You Looking For A God...Who Is A Refuge?"

Psalms 91 (Pew Bible Pgs. 581-582)

Communion

First Time Visitor?

If you are new to First Free, we extend a special welcome to you today. We hope that you will find the following information helpful:

Information Request: We ask each attendee to *fill out the enclosed Welcome Card* and place it in the offering plate each week. Our church uses this information for First Free communications only...plus, we would just like to get to know you! *Information will not be shared with outside sources.*

This Morning's Offering is for those who call First Free their church home. You are our guest. Please do not feel obligated to participate.

Restrooms are located below the foyer and across from the gym. A handicap accessible restroom may be found by the nursery near the North Entrance.

Nurseries, Classrooms, and Children's & Adult Ministry: Stop at the Welcome Center for maps! Class times and locations are located on the inside of this bulletin.

A Gift! We invite you to also stop by the **Welcome Center** to receive a gift and additional information about our church. *Thank you for joining us today!*

...Who Is A Refuge?

Psalm 91

Sermon-Based Discussion Questions

(For Small Groups, Adult Bible Fellowships, or Personal Use)

What to do: _____ in God. (vv. 1-2, 9)

God's _____: _____ of refuge. (Numbers 35:11-13)

God's _____: Provide _____ and refuge.

What you will find: _____ in God. (vv. 3-8; 10-16)

The possible _____: A _____ list of threats.

God's protective _____: Under His _____. (vs. 4)

Who needs a refuge?

Psalm 9:9 The _____, the _____, the _____.

How do I find refuge in God?

_____ (vv. 14-15)

_____ (Ps. 62:8)

Take Home Idea: God is a _____ available _____
 _____, _____ for those who _____ in Him.

What stood out to you from the sermon? Pinpoint an idea or a thought that made an impact on your heart; share with everyone else. How has the Holy Spirit used the sermon to transform who you are?

What does the word "shelter" or "refuge" bring to mind? What person, place, thing, or institution is a shelter or refuge for you?

Read Psalm 91.

What four names of God does the Psalmist use (vv. 1-2)?

What types of disasters are discussed? (vv. 3-8; 12-13). Do you think the Psalmist is describing literal perils or figurative? Why?

What do you think is the "terror of night" (vs. 5)?

To whom is God's protection available? Which verses show that to you?

Who is doing the protecting? (vv. 14-16)

If God promises such perfect protection, (vv. 9-10) why does evil befall believers? Didn't it befall Jesus? The Apostles? The early church? How does Romans 8:35-37 help you understand God's promise?

What does it mean to make God our refuge?

Coming Next Week:
...Who Can Laugh And Cry With You?

*Pastor Joel Sutton; July 4, 2010