

## 3 Reasons to

# Pitch In!

### It's a Way to *GROW*

Joining a ministry team is a great way to grow in friendships, knowledge, and in your spiritual journey.

*"Under his direction the whole body is fitted together perfectly, and each part in its own special way helps the other parts, so that the whole body is healthy and growing and full of love."*  
Eph. 4:16 (LB)

### It's a Way to *Give Back*

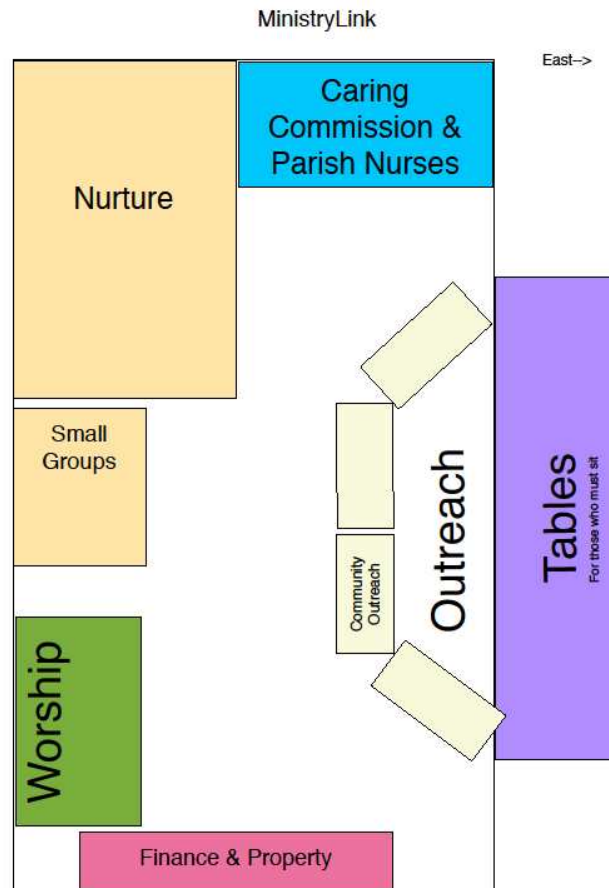
Has the First Free Church ministry touched your life in a meaningful way? Now is your chance to make a difference in someone else's life.

*"God has given each of you some special abilities; be sure to use them to help each other, passing on to others God's many kinds of blessings."* 1 Peter 4:10 (LB)

### It's a Way to *Glorify God*

Not only will you build relationships and enjoy the satisfaction of a job worth doing, but more importantly, you will glorify God.

*"Are you called to help others? Do it with all the strength and energy that God supplies, so that God will be glorified through Jesus Christ – to him be glory and power forever and ever."*  
1 Pet. 4:11 (LB)



first evangelical free church

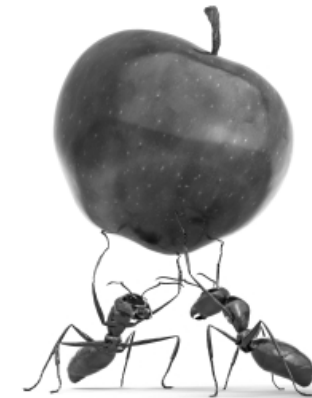
*Where the Difference is...The Relationship!*

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# MinistryLink!



**OPPORTUNITIES  
To  
Pitch In!**

**A way to GROW,  
A way to Give Back,  
A way to Glorify God.**

## Pitch In!

### Caring Commission:

**Sunday Morning Fellowship**—Volunteer to help out/be responsible for one Sunday every three months at our coffee/fellowship time between services.

**Fellowship Dinners**—Volunteer to coordinate fellowship dinners twice a year for church members and attendees.

**Funerals**—Volunteer to help set up, serve food, and clean up for funerals as needed.

**Serving Groups**—Volunteer to serve/organize food for special church events such as the church baptism/picnic, Easter brunch, CLASS 101 dinners, and/or other events as they arise.

**Thanksgiving Food Drive**—Collect food for local food shelves at Thanksgiving.

**Welcome Force**—Volunteer to fill in on a Sunday morning, once a month at the Welcome Booth.

**Guest Luncheons**—Volunteer to set up, serve, and clean up for guests lunches.

**Parish Nursing and Visitation**—Visit or call the homebound or new moms, provide for transportation needs or seasonal help for church members, host a senior coffee, lead an exercise program for seniors, assist with the grief ministry, write for church publications, assist with blood pressure screening or the annual blood drive, organize service projects by a group in church.

### Outreach Commission:

**The Outreach Commission**—Join to help plan, oversee, and pray for all Outreach activities, including: missionary support, Outreach weekend events, Community Outreach events, and more. Specific needs include helping with the Adopt-A-Missionary program and missionary bulletin board updates. Meets monthly.

**Community Outreach Committee**—Help plan, oversee, and pray for all Community Outreach activities, including: local service projects, neighborhood street fest, picnic in the park, and much more! Specific needs include: helping organize local service and evangelism opportunities, managing emails to list for opportunities, and updating the Community Outreach webpage.

**Short Term Missions**—Join or lead a team. During short-term mission trips, a small group of church members goes for a 1-2 week trip to serve the various needs of a com-

munity outside of our area – within the US or internationally. We are also looking for those interested in leading or joining a Family Summer Mission opportunity. We are open to where your heart is leading you!

**Seekers Multi-Cultural ABF and China Outreach Ministries**—Meet, host, and develop relationships with those from other countries. Help internationals adjust to life in America, share your family experiences, and use opportunities to tell them about God's love.

**Salem Evangelical Church**—We have partnered with this bilingual Spanish ministry here in South Minneapolis. Help meet its many volunteer needs, including: childcare, homework help, clothes corner, and ESL conversation partners.

**Alpha**—Looking for people who may be interested in helping with an Alpha program scheduled to start in January, 2011.

**MOPS and Women's Neighborhood Bible Study Child and Infant Care**—Volunteers needed. While moms enjoy the meetings on Wednesday and Friday mornings, their children are lovingly cared for in programs which are designed to meet their needs with activities that encourage social growth and spiritual enrichment.

### Worship Commission:

**Music Ministries**—Share your gifts in the Choir, Orchestra, Band, or Vocal teams.

**Tech Team**—Volunteer to operate the Sound, Video, or Lighting.

**Ushers**—Greet and direct people for Sunday services.

**Drama**—Help create or produce a story.

**Interior Design**—Assist with decorating the church sanctuary and foyer.

### Nurture Commission:

**Zion Student Ministry Student Shepherd**—Care for and encourage Jr. & Sr. High students to develop and deepen their faith.

**Zion Student Ministry Event Team**—Help plan and implement events that fulfill the purpose of the Student Ministry.

**Zion Student Ministry Outreach Team**—Help creatively and actively develop outreach by helping students reach their friends personally and giving them larger all-

group outreaches to reach the students in their community collectively.

**Zion Student Ministry Transportation**—If you can drive a bus or would like to learn how to drive a bus, the Student Ministry needs your help! We have a large, growing group who needs people who love Jesus to help us get around.

**Nursery**—Nursery caregivers hold babies, help one-year-olds, and have fun with two-year-olds! Sign up to volunteer once every one or two months.

**Creekside Friends Preschool and Elementary Age Children**—Be a regular teacher, substitute teacher, or helper on Sunday mornings.

**Wednesday Creekside Clubs**—Lead the boys or girls in small/large groups. Help with registration. Lead the kids in the "Clubhouse" opening time.

**Children's Music**—Lead children on Sunday mornings, Wednesday nights, or work with a children's musical.

**Vacation Bible Camp**—A week in June you won't want to miss! Help hands-on with the kids or behind the scenes.

**Adult Bible Fellowships**—Be part of the leadership team in one of our numerous ABF classes on Sunday mornings.

**Small Groups**—Join or lead one of our small group Bible studies or a Crown Financial study series.

**Audio-Visual**—Assist in setting up audio visual electronics as needed in the church and/or help maintain and monitor equipment and supplies.

**Library**—Provide assistance in our church library.

**Men's Ministry/Men's Basketball**—Help organize monthly Men's Fellowship time or participate in weekly hoops.

**Prayer**—Join others in prayer for the members of First Free on Wednesday evenings and/or Sunday mornings.

### Facility:

**Exterior Design**—Assist with landscaping.

**Building Maintenance**—Help with painting, repair, and general property upkeep.

**Remodeling Projects**—Volunteer for remodeling projects for the building.

**Custodial Duties**—Assist or fill in with opening/closing, set-ups, and cleaning.